

# McCann Training

## CONFINED SPACES

The aim of the course is To provide delegates with a thorough understanding of the hazards associated with confined spaces, to enter, work and exit including vertical shafts, and to enable them to comply with confined space legislation.

### Who should attend?

This programme is designed for delegates who may be required to enter and work in a confined space associated with construction, water or civil engineering industries.

### Course Content

- Current Legislation
- Recognition of Confined Spaces
- Dangers associated with these areas
- Human respiratory system
- Use of gas detection equipment in hazardous atmospheres
- Use of escape breathing apparatus and escape sets
- Pre-entry checks on equipment
- Safe Systems of Work for entry into confined spaces
- Methods of communication
- Manning levels
- Emergency procedures
- Practical exercises:
  - Practical use of escape sets
- Diseases and personal hygiene associated with confined spaces
- Awareness of the need for periodic examinations of equipment