

McCann Training

Harness & Fall Arrest

The aim of the course is to provide delegates with a thorough understanding of the need for safety, the legislation, and dangers associated with work that may require the need for a safety harness. To enable delegates to be competent in their selection and use of a harness should the task dictate it.

Who Should Attend?

This programme is designed for Managers, Supervisors and Operatives, who may require/or use fall arrest protection.

Course Content

- Legislation
- Organisation and planning
- Risk assessment
- Prevention of falls
- Fall arrest systems
- Selection of correct work equipment and restraint systems to help prevent falls from height thus reducing risk to themselves and their colleagues.
- Carrying out inspections of equipment to ensure they are safe and fit for purpose

Confidently select and don a harness correctly.