

Day in the Life of Ella, a Trainee Project Manager at McCanns

07:00

Wake up & get
ready for the day

**Construction
Site Supervisor
Apprenticeship,
Level 4**

 **McCann**

*from University
of Salford
Manchester.*





08:00

Go through emails

Meet Coco!

09:10

Defrost car and drive to National Highways Office



10:20

Arrived at the office!





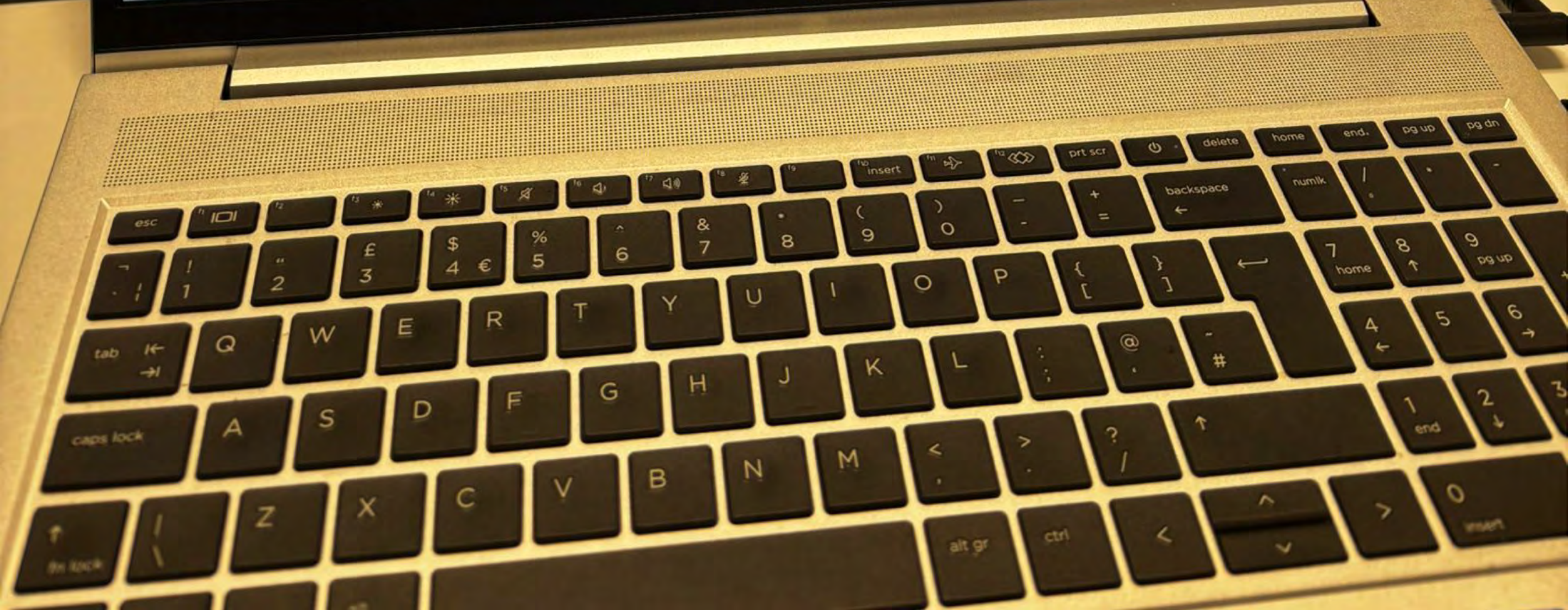
**Message Signs install meeting with
National Highways and Colas for a job
covering sites on M56, M6 & M65**



Update tracker and review meeting notes for actions

McCann Routes - MS Installs - Programme - Rev 30 • Last Modified: 34m ago

McCann Routes MS Installs	Programme Rev 30				NH PIN McCann Scheme Ref	609659 C22025	6424 3016
Date	TM Contractor	Roadspace Status	NH PIN-Site No-Motorway-Gantry-Sign Type	Attendance	Other/Comments	OH Cables within 100m (across carriageway) OH cables within 14m (verge)	OH structures Location
NO WORKS ON 31ST JAN							
WEEKEND							
No Works WC 3rd Feb Full Week							
WEEKEND							
10/02/25	HWM	LBS1/LBS2/LBS3 closure of M6 NB mainline MP 287/5 - 288/0	616421 - S9 M6 - 6877A 3x18	Colas Ashlea Total Steel Survey		No	Yes - OH structure approx 30m away GS6 required
11/02/24	HWM	HS/L1/L2 closure of M6 NB mainline MP 342/0 becoming total closure of M6 J29 NB exit	616421 - S21 M6 - 7431A 2x12	Colas Total Steel Ashlea	Closure plates to be installed in same shift as sign install Ashlea to clear 7431A & 7435A		Yes - place GS6 at first OH structure after works location
11/02/24	HWM	HS/L1/L2 closure of M6 NB mainline MP 342/0 becoming total closure of M6 J29 NB exit	616421 - S22 M6 - 7435A 2x12	Colas Ashlea			Yes - OH structure approx 15m away GS6 required
12/02/25	HWM	HS/L1/L2 closure of M6 SB Mainline MP 345/2 344/4 Total Closure of M6 J29 SB Exit - 412564 Total Closure of M6 NB exit from Runcorn Bridge	616421 - S24 M6 - 7446B 2x12	Colas Total Steel Ashlea	Closure plates to be installed in same shift as sign install, surveyed previously Ashlea to clear 7446B & 7455A		

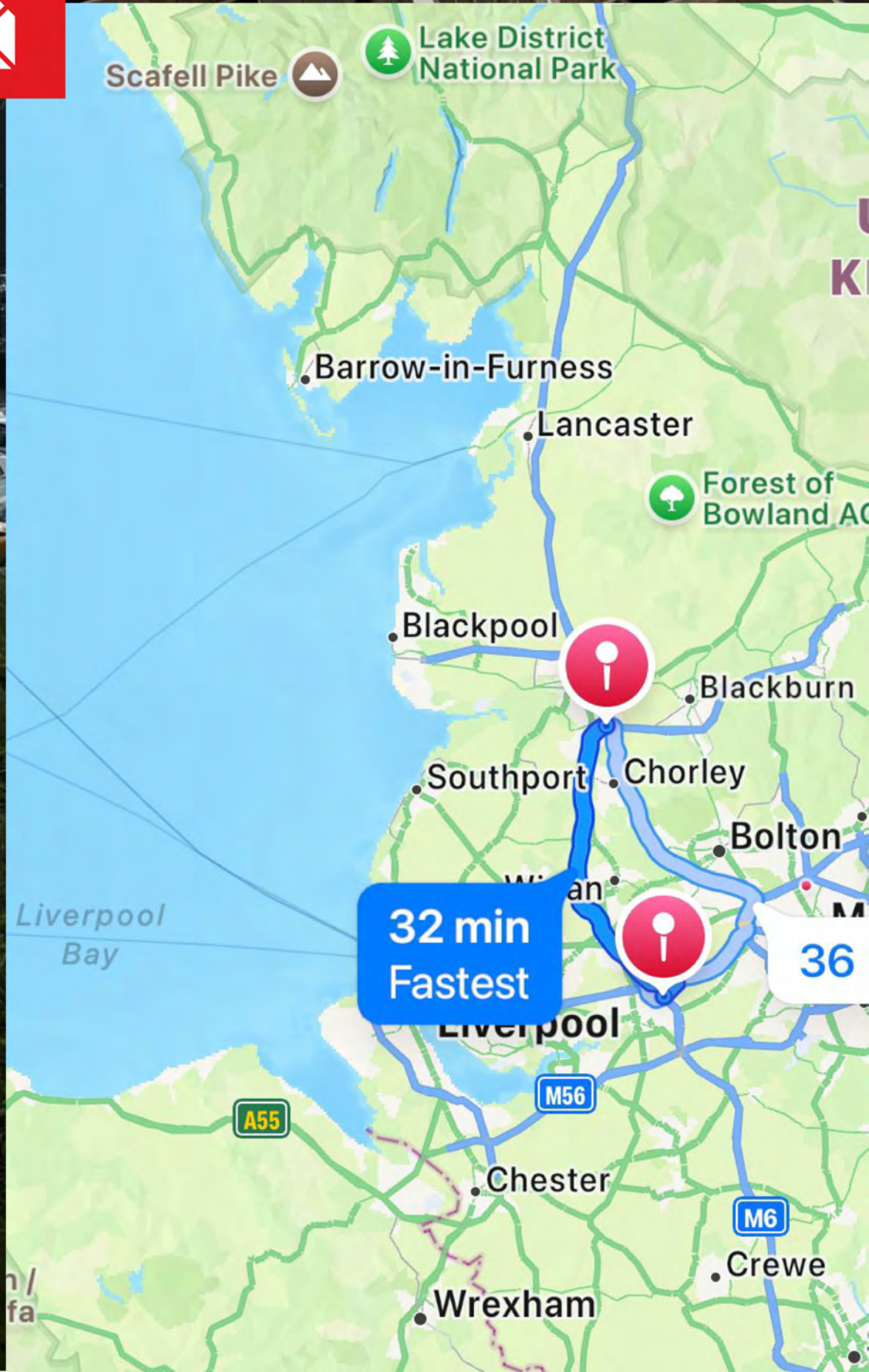




12:55



Leaving NH office and
driving to the McCann
Preston Office



13:50

Dinner at the Preston Office and catching up on jobs



18:00

Hometime





17:00

Home and getting ready for Crossfit Session



17:30

Training at the gym



Cross Training

Active Kilocalories

355KCAL

Total Time

55:40

19:00

And chill for
the evening...



**NATIONAL
APPRENTICESHIP
WEEK 2025** 10-16 February

**Thanks for spending
the day with me!**

**and happy National Apprenticeship
Week to all my fellow apprentices.**



www.mccann-ltd.co.uk